



ARKANSAS RURAL HEALTH PARTNERSHIP

**Save a life from suicide by
learning three simple steps:**

QPR

- ▶ **Question** a person about suicide
- ▶ **Persuade** someone to get help
- ▶ **Refer** someone to the right resource



ARHP QPR Suicide Prevention Training

QPR training saves thousands of lives each year. It can train us to see the warning signs of a mental health crisis and help us prevent suicide. **Together, we can learn how to Question, Persuade, and Refer. Let's make a difference.**

Want to learn more?

Mental health is at the forefront of our efforts to improve healthcare in Arkansas. ARHP is offering QPR classes led by trained professionals.

**Contact Amanda Kuttenkuler
at 501-612-8556 or
amanda@arruralhealth.org**

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Want to take the training online?

1. Navigate to:
**qprtraining.com/
setup**
or scan the QR code
2. Enter the
organization code:
ARHP
3. Select: **Create Account**
4. Complete and submit the student
registration form
5. QPR will display and email the newly
created Username and Password.
6. Participants can log in to begin
training at **qprtraining.com**

